



Community Unit School District 9
School Health Services

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Lake Zurich High School
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Dear Parent or Guardian,

All students entering ninth grade for the **2009-2010** school year must show proof of having received a **new physical examination as well as all required immunizations**. The physical must be current and dated within one year prior to the date of entrance. (If your student plans to participate in spring sports as a freshman, this physical must be dated June 15 of this year or after, in order to comply with Illinois School Code for sports physicals and to be valid for all extra-curricular sports throughout the upcoming school year.)

The state of Illinois requires **three signatures** on the physical form: **1)** the physician who examined the child, **2)** the signature of the health care provider who verified immunizations, and **3)** parent signature. Parents must complete health history and sign form. **Physicals will not be accepted without all three signatures.**

Freshman immunization requirements are listed on the reverse of this letter. **Your student will not receive a schedule or be permitted to attend school until we have received proof of a completed physical examination and immunization record. Physical (or proof of appointment) must be received by July 1, 2009.** Failure to submit all required documents by the first day of school will result in your child's exclusion from school in accordance with Illinois School Code and Board policy until all requirements are met.

The State of Illinois is requiring all students to receive **diabetic screening** during their physical examination and body mass index is to be noted on examination form. The Department of Public Health is also requiring tuberculosis skin test screening for children who reside in areas designated as high incidence areas. (This will be determined by your physician.)

A medication authorization form has been included in this packet. To administer any medications **including those sold over the counter such as Tylenol or Advil**, the school health office must have on file a written order signed by the physician AND written authorization from the parent. Please note that under no circumstances will our staff be allowed to administer any medication unless the above stated requirements have been satisfied. **Parents are required to deliver all medication in its properly labeled original container. All medications must be kept in the health office. Students are permitted to carry inhalers, epi-pens or diabetic supplies with proper documentation on file in the health office.**

We have also enclosed a schedule of Lake County Health Clinics. We recommend calling in advance to verify these days and hours as these schedules often change throughout the year. You must take a copy of your child's immunization record with you to the clinic.

If you have questions regarding any of these requirements, please contact your building health office. Thank you for your cooperation.

Sincerely,

Laurie Michaels, RN, IL CSN
Lake Zurich High School Nurses

Adrienne Casanova, RN

Bessie Benrus, EMT-B
Health Aide