

2009-2010 LAKE ZURICH HIGH SCHOOL

STARTING DATES FOR SPORT SEASONS

SPORT

SEASON STARTS

CHEERLEADING **	APRIL 13 TH , 14 TH , 15 TH , 16 TH – (TRYOUTS FOR 2009-2010)
DANCE TEAM (POM PON) **	APRIL 6 TH , 7 TH , 8 TH , 9 TH – (TRYOUTS FOR 2009-20010)
BOYS FOOTBALL	AUGUST 12 TH
GOLF **	AUGUST 12 TH (TRYOUTS 12 TH , 13 TH , 14 TH)
GIRLS TENNIS **	AUGUST 12 TH (TRYOUTS 12 TH , 13 TH , 14 TH)
BOYS SOCCER **	AUGUST 12 TH (TRYOUTS 12 TH , 13 TH , 14 TH)
GIRLS CROSS COUNTRY	AUGUST 12 TH
BOYS CROSS COUNTRY	AUGUST 12 TH
GIRLS VOLLEYBALL **	AUGUST 12 TH (TRYOUTS 12 TH , 13 TH , 14 TH)
BOY'S BOWLING**	OCTOBER 26 th (TRYOUTS 26 th , 27 th , 28 TH)
GIRLS BASKETBALL **	NOVEMBER 2 nd (TRYOUTS 2 nd , 3 rd , 4 th)
GIRLS BOWLING**	NOVEMBER 9 TH (TRYOUTS 9 TH , 10 th , 11 th)
BOYS WRESTLING	NOVEMBER 9 TH
BOYS BASKETBALL **	NOVEMBER 9 TH (TRYOUTS 9 TH , 10 TH , 11 TH)
GIRLS TRACK	JANUARY 18 TH
BOYS TRACK	JANUARY 18 TH
BOYS TENNIS **	MARCH 1 st (TRYOUTS 1 st , 2 nd , 3 rd)
BOYS BASEBALL **	MARCH 1 st (TRYOUTS 1 ST , 2 nd , 3 rd)
GIRLS SOFTBALL **	MARCH 1 st (TRYOUTS 1 st , 2 nd , 3 rd)
GIRLS SOCCER **	MARCH 1 st (TRYOUTS 1 st , 2 nd , 3 rd)
BOYS VOLLEYBALL	MARCH 8 TH (TRYOUTS 8 TH , 9 TH , 10 TH)

CLUBS

GIRLS SWIMMING (CLUB)	AUGUST 12 TH
BOYS SWIMMING (CLUB)	NOVEMBER 23 TH
HOCKEY	AUGUST 12 TH
LACROSSE	JANUARY 13 TH

**** SPORTS THAT REQUIRE TRYOUTS. (Team cuts are usually made)**

- 1) **PLEASE NOTE:** STARTING DATES ARE WHEN PRACTICE STARTS AND ALL PLAYERS ARE EXPECTED TO BE PRESENT. ALL REGISTRATION FORMS MUST BE TURNED INTO THE ATHLETIC OFFICE BEFORE THE SEASON START DATE.
- 2) FALL SPORTS REGISTRATION WILL BE HELD AUG. 4TH, 5TH, 6TH, 7TH IN THE HIGH SCHOOL ATHLETIC OFFICE.
- 3) SOME SPRING SPORTS HAVE GAMES AND OR PRACTICES SCHEDULED OVER SPRING BREAK. ATHLETES ARE EXPECTED TO BE PRESENT AT THOSE PRACTICES AND GAMES. PLEASE CHECK WITH THE HEAD COACH TO SEE IF YOUR TEAM WILL BE PRACTICING OR PLAYING GAMES DURING SPRING BREAK.