



Community Unit School District 95

School Health Services
Lake Zurich High School
Nurse Fax 847-540-4190



Dear Parent or Guardian,

All students entering ninth grade for the **2009-2010** school year must show proof of having received a **new physical examination as well as all required immunizations**. Ninth grade immunization requirements are listed on the reverse of this letter. The physical must be current and dated within one year prior to the date of entrance. This exam will also meet the sports physical requirement for freshmen if dated after 6/1/2009.

The state of Illinois requires **three signatures** on the physical form: **1)** the physician who examined the child, **2)** the signature of the health care provider who verified immunizations, and **3)** parent signature. Parents must complete health history and sign form. **Physicals will not be accepted without all three signatures**. Extra forms may be downloaded from the LZHS Health Services website, the District health page, or picked up at the High School office.

Your student will not receive a schedule or be permitted to attend school until we have received proof of a completed physical examination and immunization record. Physical (or proof of appointment) must be received by August 1, 2009.

A parent or guardian may object to health examinations, immunizations, vision and hearing screening and dental health examinations for their child on **religious** or **medical** grounds. If a religious objection is made, a written and signed statement must be presented to the local school authority annually. **General philosophical or moral reluctance to allow physical examinations, immunizations, vision and hearing screening and dental examinations will not provide a sufficient basis for an exception to the statutory requirements**. Any medical objection must be made by a physician, licensed to practice medicine in all its branches, indicating what the medical condition is and signed by the physician on the certificate of child health examination and placed in the child's permanent record.

If your student needs to take medication during the school day, a medication authorization form may be downloaded from the LZHS website under Health Services. The form is also available in the parent handbook. This form requires physician and parent signatures. To administer any medications including those sold over-the-counter such as ibuprofen or acetaminophen, the school health office must have a written order on file. Please note that under no circumstances will our staff be allowed to administer any medication unless the above stated requirements have been satisfied. **Parents are required to deliver all medication in its properly labeled original container. All medications must be kept in the health office. Students are permitted to carry inhalers, epi-pens or diabetic supplies with proper documentation in the health office.**

A schedule of Lake County Health Clinics is available on line. We recommend calling in advance to verify dates and hours as these schedules often change throughout the year. You must take a copy of your child's immunization record with you to the clinic.

If you have questions regarding any of these requirements, please contact your building health office. Thank you for your cooperation.

Sincerely,

Laurie Michaels, RN, IL CSN

Lake Zurich High School Nurses

Adrienne Casanova, RN

Bessie Benrus, EMT-B

Health Aide



IMMUNIZATION AND/OR PHYSICAL EXAMINATION REQUIREMENTS
NINTH GRADE STUDENTS 2009-2010 SCHOOL YEAR

Dear Parent or Guardian,

The State of Illinois requires that each school child show evidence of immunity against several diseases. You must submit all required documents as indicated below no later than the first day of school or your child will be excluded, in accordance with the Illinois School Code. All incoming ninth graders are required to have the following:

- _____ **Red (Rubeola) Measles** must have received 2 doses prior to entrance. The first dose administered not earlier than 12 months of age and the second dose no less than one month later. Any child two years of age and older, enrolling in a early child program must have completed two doses by age 5. Lab evidence of immunity may be submitted in lieu of the immunizations.
- _____ **Rubella (German Measles)** must have received at least one dose at 12 months of age or older. Proof of disease is not acceptable, unless lab evidence of rubella immunity is presented.
- _____ **Mumps** must have been received one dose at 12 months of age or older. Proof of the disease if verified by a physician or laboratory evidence of immunity may be submitted.
- _____ **Polio (TOPV)** Any child entering kindergarten or first grade for the first time must show proof of having received three or more doses of TOPV with the last dose being a booster and having been received on or after the fourth birthday but prior to school entrance. The interval between the first two doses must be no less than 6 weeks apart. The interval between the 2nd and 3rd or final dose must be at least 6 months.
- _____ **DPT** Any child entering kindergarten or first grade for the first time must show proof of having received four or more with the last dose a booster and received on or after the 4th birthday but prior to school entrance.
- X **Td.(Tetanus, Diphtheria)** Must be given every ten years after the last booster.
- X **Hepatitis B** Children entering the ninth grade must show evidence of having received three doses of the Hepatitis B vaccine or proof that the immunizations are scheduled.
- _____ **Varicella** For the school year 2009-2010, Varicella vaccine or proof of disease history, is required for students in preschool programs through seventh grade. Children entering any school operated program for the first time at the kindergarten level and below will be required to show proof of having received one dose of chickenpox vaccine on or after their first birthday. A health care professional can confirm past disease history by having examined the infected child, documenting the parent's description of the child's history or reviewing laboratory evidence. This documentation is to be written in the immunization section of the physical form.
- X **Current physical examination** The following students are required to submit proof of a current physical dated within one year prior to the date of entrance: students entering school for the first time, kindergarten, 6th, 9th, students transferring from out of state or out of country. Students attending non-graded school programs are required to submit physicals within one year prior to the school year in which the child reaches the ages of 5, 10 and 15. **All physicals must be signed by physician. Parents must complete health history and sign parent portion of form.**
- _____ **Dental Examination** The following students are required to submit proof of a current dental examination: kindergarten, 2nd and 6th grade. The exam must be dated within one year prior to date of entrance.
- _____ **Vision Examination** All kindergarten students are required to have a complete eye examination by an optometrist, ophthalmologist (or physician who provides complete eye examinations) within one year prior to the date of entrance. Annual school vision screenings do not fulfill this requirement.
- _____ **TB Test** is required by the State of Illinois for students who live in areas designated by the Department of Public Health as high incidence areas. (This will be determined by your physician.)
- _____ **All transfer students** are required to submit a completed immunization record and physical examination in accordance with all current health code requirements within 20 school days from the day of registration.

If you have any questions please contact your building health office. Thank you for your cooperation.

Laurie Michaels RN, ILCSN
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