

Lake Zurich Bears Basketball



Junior Bears Information for Parents

Teams: Our philosophy is to try to keep everyone who tries out for a team, but if numbers are too large for everyone to get a chance to play in games, then cuts might be necessary. If cuts are necessary, Coach Bennett will contact the parents of players to let them know their daughter has not been selected for the team. If your daughter is not selected for the team, please consider signing up for a program at the YMCA, or coming to basketball clinics and camp next spring and summer to work on your skills and try again next year.

Practice Schedule – Will be handed out at the first practice, unless it is available before then. All practices are at Lake Zurich High School in one of the three gyms. Please enter the building for practices and games at the flagpole/main entrance and walk down to the gyms. If you are going to miss a practice, please call your coach and let them know.

Game Schedule – Will be handed out at the first practice. Games are normally on Saturdays and Sundays with a few weeknight games. Each team plays around 25 games.

Waiver / Contact / Code of Conduct Forms – Please return these to your daughters coach as soon as you can.

Cost - The cost of the Junior Bears program will be \$325.00. As part of the fee, players will receive a new basketball. They are expected to bring the basketball to each practice and game. Checks will be collected at the first few practices and should be made out to “Lake Zurich High School”. This cost includes insurance for the program, gym time for practices and games, referee fees, tournament fees, league fees, and a t-shirt and basketball.

Uniforms - Uniforms will be given to the players to use for the season, it must be returned at the end of the year. 7th and 8th Graders will receive a game jersey, 5th and 6th graders will receive a reversible jersey and should wear their own black or blue shorts for games.

Coaches / Volunteers – We are looking for parents at all levels who are interested in helping to coach, as well as parent volunteers to work behind the scenes, to help with double checking schedules, scheduling parent volunteers for the running the scoreboard. If you are interested in helping, please contact Coach Bennett or your daughters coach.

Program Philosophy – Junior Bears is meant to be an instructional league teaching fundamentals and enjoyment of the game of basketball, but at the same time we must be competitive with the schools that we are playing against in the NIGFBA league. The coaches’ intent will be to play everyone as equally as possible, but game situations might dictate that each player does not receive the same amount of time. Parents must be sympathetic to the fact that all players are not of the same ability and experience, and that participation in Jr. Bears will hopefully increase their level of enjoyment and skill in the game of basketball, regardless of the amount of playing time they receive in any one particular game. Players will receive a minimum of one quarter of playing time per game.

Any Questions???

Please contact your daughters coach, or call me at 847-540-4350, or email at Christopher.Bennett@LZ95.org.

Thank you, Coach Bennett