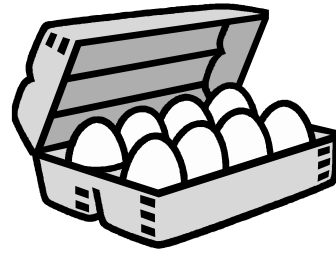


Toad-In-A-Hole

1 slice of bread per person
1 egg per person
butter
salt and pepper to taste



1. Butter each slice of bread. Use a cookie cutter or drinking glass to cut a hole in the center of each slice.
2. Coat a griddle with non-stick cooking spray.
3. Heat the electric griddle to 350°. Place bread on the griddle, buttered side down. Crack an egg in a custard cup. Gently pour the egg into the hole in the bread.
4. Cook until golden brown on the bottom; turn with a pancake turner.
5. When the bread is browned on the second side and the eggs are cooked, use the pancake turner to place each toad-in-a-hole on a serving plate. Cook the remaining bread and eggs the same way.

NUTRITION INFORMATION

Servings Per Recipe: 1

Amount Per Serving

Calories: 345

- **Total Fat:** 28.9g
- **Cholesterol:** 275mg
- **Sodium:** 432mg
- **Total Carbs:** 13g
- **Dietary Fiber:** 0.6g
- **Protein:** 8.5g

