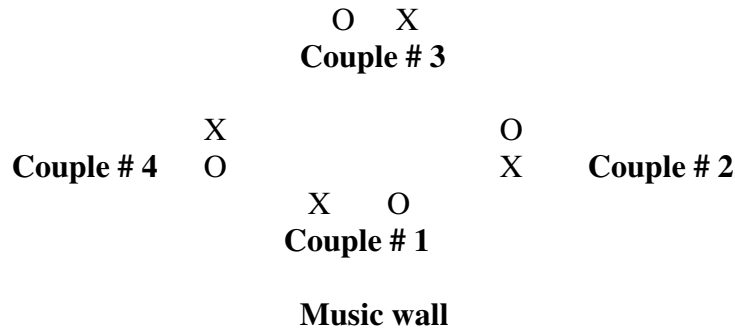


Square Dance

X = Male
O = Female



Vocabulary:

Allemande Left – left hand to left hand, walk around in a circle counterclockwise

Back out full turn – after a star promenade, boy drops the star and the partner's move 360 degrees, the boys walks backwards while the girl walks forward

Back track – turn 180 and step inside or outside the circle and walk the opposite direction

Box the gnat – partners hold right hand to right hand and the girl turns to her left ¼ turn and the boy walks around to the left

California twirl – side by side, gentleman's right and ladies left, gentleman lifts right and walks around lady, lady turns under to her left (180 degree turn) normally done after a pass thru where the couple if facing out

Circle Lt/Rt: Done with three or more dancers. All have hands joined and circle either Left or Right as directed by the caller

Corner – member of the square to the gentleman's left and the ladies right

Courtesy turn – ½ turn with the lady giving her left hand to the gentleman and putting her right hand behind her back, the gentleman takes her left hand in his and puts his right behind her back to guide the turn

Do sa do – partners face walk forward pass right shoulders, step to the right, back up passing left shoulders, and step to the left

Four ladies chain – ladies use a right hand star and go ½ around to the opposite gentlemen

Four ladies chain ¾: same as 4 ladies chain across but instead to extending left hand to the opposite gentlemen, the lady extends her left to the guy from the couple on her left.

Grand right & left –facing partner give a right hand to partner, walk forward and a left hand to the next (opposite sex) walk forward, keep alternating until you meet your partner and then promenade home (should meet ½ around square) It's like weave the ring but with hands.

Grand square – Side couples: face each other and walk backwards 3 steps, turn and face opposite and walk forward 3 steps, turn face partner walk forward 3 steps, turn and face opposite and walk backwards 3 steps..then reverse walking forward first. **Head couples:**

walk forward 3 steps and turn facing your partner, walk backwards 3 steps, turn facing opposite walk backwards 3 steps and turn face your partner walk forward 3 steps...then reverse. All couples make a square pattern on the floor.

Head couple – the couple both facing the music/caller and with their backs to the caller (couples 1 & 3)

Home position – the position where the couple starts the dance, the man's position never changes but the ladies is always changing

Honors: Men bow and Women curtsy

Ladies chain - Two ladies walk forward giving a right hand to the opposite lady and then walk forward passing right shoulders, drop hands and give a left to the opposite gentleman for a courtesy turn.

Left/right star: men or ladies walk into the center with the hand that is called and grab the wrist of the dancer in front of them and walk around in a circle. Right stars move clockwise and left stars move counterclockwise.

Opposite - the dancer you are facing in the square

Partner – the dancer who is standing next to you (ladies always to the right of the gentlemen)

Pass thru - walk forward passing right shoulders with the opposite dancer and take their spot but remain facing outward

Promenade - partners grab right hand to right hand, left hand to left hand and walk around the square counterclockwise

Promenade ½ way: promenade position with partner, move to the opposite side of the square. If done by head or side couples only/ the couple not promenading move in two steps for the others to pass behind them

Promenade single file – walking inside or outside the square counterclockwise without a partner

Right hand turn: extend right hand to partner or corner, pass right shoulders as you turn around each other, release and face center of square

Right & left thru – give a right hand to the opposite dancer and walk past them passing right shoulders and then give a left to your partner followed by a courtesy turn. It's a way of changing positions

Side couple – the dancers who have their sides to the music/caller they are known as couples # 2 & 4

Star promenade –the gentlemen go into the center with a left hand star and go all the way around when they get to their partner they bend their right arm and pick up their partner and the whole square promenades around in the star one time and is followed by a back out full turn

Star thru – partners face and the ladies left hand is in the gentleman's right hand, the gentlemen then lifts his right hand and the lady goes under and turns ¼ to the left and the gentlemen turns ¼ to his right

Swing – right or left – (middle school version) partners or corners hook arms (right to right or left to left) and walk around 360 degrees. Right swing goes clockwise and left goes counter clockwise

Weave the ring – facing partners: walk forward passing right shoulders, then to next person pass left shoulders, then keep alternating until you find your partner and promenade. It's like a grand right and left without hands

Practice test: True or False

1. A courtesy turn usually follows a ladies chain.
2. When performing a do sa do, the dancer pass left shoulders.
3. The man always places his partner to his right side in the square.
4. An allemande to your corner begins with a left hand.
5. A promenade is performed in a counterclockwise direction with the man on the inside of the square.

1. T 2. F 3. T 4. T 5. T