

Teambuilding/Outdoor Education

Vocabulary:

Initiative Challenges – physical challenges designed to build problem solving skills, cooperation, and self-confidence

Orienteering: sport using map and compass to travel from one spot to another

Bearing: direction you want to travel

Base: clear plastic platform compass rests on

Housing: moveable dial that has degrees and directions on it

Magnetic needle: metal needle usually red and white that points to magnetic North

Orienting arrow: clear outline of arrow on housing disk

Direction of travel arrow: arrow or line on base used to point to something in the direction you are traveling

Landmark: Object you are traveling toward

Type of knots - *worksheet in class given with pictures of each knot below*

- Square
- Constrictor
- Perfection loop
- Bowline
- Improved clinch
- Palomar
- Hitch

Campfire construction

- Tepee
- Star (Lazy Man)
- Hunter-trapper
- Log cabin

Fire Triangle

- Oxygen
- Heat
- Fuel
 - Tinder –small dry twigs
 - Kindling – small to medium size dry branches
 - Fuel – larger size logs