



**Community Unit School District 95**  
**School Health Services**



October 23, 2009

This message is coming to the families of CUSD 95 to keep them informed on the current flu trend in our District. The health offices are in daily contact with the Lake County Health Dept and are monitoring and reporting the current flu-related absence trends. The District is following all Lake County Health Department recommendations for dealing with this situation.

Each school is currently experiencing absences with influenza –like – illnesses. Some schools are reporting there are some students diagnosed with Type A Influenza. According to the Lake County Health Dept we do not call this H1N1 because it is not definitive for H1N1. However the Lake County Health Dept. has indicated there is always a possibility that positive Type A Influenza is H1N1.

**WE CURRENTLY HAVE NO CONFIRMED CASES OF H1N1 IN OUR DISTRICT.**

Our District web page has the latest information concerning H1N1 and individual school web pages have direct links to the District web page. Please read this current information. Any changes in trends will be reported to parents electronically. The Lake County Health Dept. states it is not necessary to send notices out with each positive Type A Influenza.

It is very important that you keep your child home with influenza-like-illness symptoms that may include fever, sore throat, cough, chills vomiting and diarrhea. They are to remain home until they are fever free for 24 hours without the use of fever reducing medication. The virus is the most contagious in the earliest days of the illness. A doctor's note is not required for the student to return to school at this time.

Sincerely,

Andrea Bonkowski RN, ILCSN  
District Nurse